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Judge For Yourself Inc.

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Dear Friends,

I hope that you all had a wonderful Thanksgiving holiday.

Effective January 1, many insurance companies will be increasing the cost of life insurance by up to 30% because of the new State CCC regulation. This would be a good time to re-evaluate your income replacement needs.

The article included within addresses the need for guaranteed income. Please be aware that apart from social security and your CDs, only Fixed Indexed Annuities guarantee your principal. If any of you are seeking a "guaranteed income for life" please feel free to contact me.

If you have lost monies in your stock and mutual fund portfolios, please call me since we can replace up to 20% of your losses.

Sincerely,
Randhir S. Judge

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2009 Legislation in Review

The year 2009 saw several important changes, some of which may also affect you in 2010.



Suspension of RMDs

One of the biggest changes for 2009 actually stemmed from a 2008 piece of legislation that suspended the rules requiring individuals older than 70½ to make withdrawals from certain retirement accounts. The one-year moratorium on required minimum distributions (RMDs) applies to 2009 only.

Without this suspension, individuals who reached age 70½ before 2009 would generally be required to take 2009 RMDs by December 31, 2009. Individuals who turned age 70½ *during* 2009 would generally have until April 1, 2010, to take 2009 RMDs--but the suspension applies to these individuals as well. The suspension of RMDs for 2009 also applies if you're the beneficiary of an inherited IRA or employer retirement account. Normal RMD rules apply for 2010.

American Recovery and Reinvestment Act of 2009 (ARRA)

In addition to extending several expiring tax provisions, this legislation made some changes, including the following:

- A new "Making Work Pay" tax credit was established for 2009 and 2010. This credit is equal to 6.2% of earned income, up to \$400 (\$800 in the case of a married couple filing jointly). The credit is phased out for higher-income individuals.
- The Hope education tax credit was expanded for 2009 and 2010, and renamed the American Opportunity Tax Credit. With an increased annual limit per student of \$2,500, the expanded credit covers the first four years of post-secondary education, with up to 40% of the credit refundable.
- Up to \$2,400 of unemployment compensation benefits received in 2009 are

excluded from gross income for federal income tax purposes.

Energy-related tax changes

ARRA also created, extended, and modified several tax incentives to encourage the efficient

use of energy sources and the development of energy-related technology. Among other things, the legislation:

- Increased the lifetime tax credit cap for energy-efficient home improvements from \$500 to \$1,500 (for 2009 and 2010).
- Removed the separate \$200 credit cap on window upgrades (the \$1,500 lifetime cap applies, though).
- Removed the credit cap on qualified geothermal heat pumps, solar hot water heaters, and small wind energy property (through 2016).

Other changes

- A "first-time" homebuyer can qualify for a tax credit of up to \$8,000 for the purchase of a qualified personal residence.
- A new government subsidy equal to 65% of COBRA premiums paid by eligible beneficiaries for up to nine months of health-care coverage was established. This subsidy was generally available to individuals whose employment was involuntarily terminated on or after September 1, 2008, and before January 1, 2010. The subsidy was phased out for individuals with higher incomes.
- The "Cash for Clunkers" program provided cash vouchers to encourage consumers to trade in older, less fuel-efficient vehicles for new vehicles that get better fuel economy. The government ended this program on August 24, 2009, as the program ran out of funds.

Retirement: Does Your Withdrawal Strategy Need a Second Look?

In its simplest terms, a withdrawal rate is the percentage you withdraw from an investment portfolio in any particular year. However, in retirement income planning, what's important is not just your withdrawal rate, but your sustainable withdrawal rate.

A sustainable withdrawal rate represents the maximum amount (expressed as either a dollar amount or a percentage) that can be withdrawn from your retirement assets each year with reasonable certainty that the portfolio will provide income for as long as it's needed (for example, throughout your lifetime).

A commonly expressed rule of thumb states that your portfolio should last for your lifetime if you initially withdraw 4% of your balance (based on an asset mix of 60% stock and 40% fixed income securities), and then continue withdrawing that same dollar amount each year, adjusted for inflation. However, this rule of thumb has been under increasing scrutiny, and like any rule of thumb, it may not apply to you.

Why is it important?

A sustainable withdrawal rate is critical to retirement planning. Draw too heavily on your savings, especially in the early years, and you could run out of money too soon. Take too little, and you might needlessly deny yourself the ability to enjoy your money. You want to find a rate of withdrawal that gives you the best chance to maximize income over your entire retirement period.

Withdrawal rates are based on a number of assumptions, including your living expenses, projected lifespan, risk tolerance, projected rates of return and inflation, asset allocation, taxes, and whether you wish to leave a portion of your estate to others. As you progress in retirement, you'll have empirical data against which you can evaluate these assumptions. Plus, your investment horizon will be getting shorter. That's why it's important to periodically revisit your withdrawal strategy during your retirement to see if your assumptions are still accurate and whether your strategy needs to be modified.

Dealing with market volatility

If you're currently withdrawing a fixed percentage of your investment portfolio each year, the amount you receive will fluctuate with the performance of your portfolio. Small changes may not significantly impact your lifestyle. But what if your portfolio suffers a serious decline

due to a market downturn? Will you be able to meet your expenses with the reduced withdrawal amount you'll be receiving? If you're currently withdrawing a fixed dollar amount each year, you may be able to meet your expenses, but can your reduced portfolio continue to support that same dollar amount or will your assets be depleted much too soon?

The converse of this is also true. If your portfolio realizes a gain that's significantly greater than your assumptions, a fixed percentage withdrawal will provide you with more dollars than you had been taking. Do you need the additional income? If you're taking a fixed dollar amount each year, is it time to give yourself a raise?

Market volatility may also lead you to consider changes in your asset allocation. If your portfolio is down, you may be inclined to become more conservative to avoid additional losses; conversely, when your portfolio is up, you might contemplate becoming more bullish. But if your asset allocation is designed to produce sustainable long-term income, changes should be considered carefully and only implemented as part of a disciplined strategy.

Other factors to consider

When you review your withdrawal strategy, make sure you consider the following:

Inflation: Inflation erodes your buying power. If you've underestimated the inflation rate, you may need to increase your withdrawals. If your portfolio can't support additional withdrawals, you'll need to reduce your expenses, or find another source of income (e.g., part-time work) to maintain your lifestyle. If inflation is lower than you've anticipated, you may be able to withdraw less and prolong your portfolio's income-producing ability.

Lifestyle: You may find that your expenses during retirement decrease from your initial estimate as you travel less or downsize a home—or they may increase because of health care or other costs.

Legacy: A decision to increase or decrease the amount you leave to heirs or charities can have a significant impact on your withdrawal strategy.

Revisiting your withdrawal strategy will allow you to focus on changes that have occurred during your retirement and fine-tune your strategy going forward, helping to ensure your retirement will be a financially secure one.

A sustainable withdrawal rate is critical to retirement planning. Draw too heavily on your savings, especially in the early years, and you could run out of money too soon. Take too little, and you might needlessly deny yourself the ability to enjoy your money.



Retirement Issues to Watch in 2010

Recent years have seen a flurry of legislation impacting retirement plans. Here are some of the more significant changes that take effect in 2010.

Nonspouse rollovers must be permitted

The Pension Protection Act of 2006 allowed, for the first time, nonspouse beneficiaries to make a direct rollover of inherited funds from an employer plan to an IRA. While the provision seemed fairly straightforward at the time, confusion arose as to whether plans were actually required to allow these rollovers. Congress addressed this in the Worker, Retiree, and Employer Recovery Act of 2008--beginning in 2010, employer plans *must* let nonspouse beneficiaries make a direct rollover to an IRA if they so choose. The new law also clarified that prior to 2010 employer plans could, but were not required to, allow the rollovers.

IRA conversions for (almost) everyone!

Beginning in 2010, if you own a traditional IRA, you'll be able to convert it to a Roth IRA. The income limits and marital status requirements that previously applied to Roth conversions were repealed by the Tax Increase Prevention and Reconciliation Act of 2005 (TIPRA).

In addition, if you convert a traditional IRA to a Roth IRA in 2010, you'll be able to report half the income on your 2011 tax return and half on your 2012 return. Or, if it's to your benefit, you can instead elect to include the entire amount in income on your 2010 return. It's up to you.

If you inherit a traditional IRA from your spouse, and you elect to treat that IRA as your own, you'll also be able to convert the inherited IRA to a Roth IRA in 2010, regardless of your income or marital status. Nonspouse beneficiaries, however, still can't convert an inherited traditional IRA to a Roth.

Note that the income limits for contributing to a Roth IRA haven't changed for 2010. If your income is high enough, your ability to make regular contributions to a Roth IRA in 2010 may be limited, or even eliminated. The ability to convert a traditional IRA to a Roth without income limits, however, provides a potential workaround--you can make your annual contribution to a traditional IRA, and then immediately convert that traditional IRA to a Roth. You'll have to aggregate all your traditional

IRAs when calculating the tax effect of the conversion, so speak with a financial professional first to make sure this strategy works for you.

Employer plan conversions for everyone!

Beginning in 2008, employees and beneficiaries were permitted for the first time to essentially "convert" employer plan distributions by rolling the funds over to a Roth IRA. This was allowed, however, only if the payee satisfied the income and marital status limits that applied to traditional IRA conversions. The elimination of those restrictions by TIPRA, described above, also applies to distributions from employer plans--so beginning in 2010, anyone who receives an eligible distribution of non-Roth funds from an employer plan can roll those funds over to a Roth IRA, regardless of income or marital status. This applies even to nonspouse beneficiaries--but only if the transfer to the IRA is done in a direct rollover.

While the special 2010 deferral rule described earlier doesn't apply to rollovers from employer plans to Roth IRAs, there's another potential workaround--you can simply roll your employer plan distribution over first to a traditional IRA, and then convert that traditional IRA to a Roth in 2010. (Again, however, you'll need to aggregate all your traditional IRAs to determine the tax consequences of the conversion, so first make sure this strategy works for you.)

Here comes the DB(k) ...

Beginning in 2010, "small employers" (those that generally employ at least 2 and no more than 500 employees) can adopt a DB(k) plan--a single plan that incorporates both a 401(k) plan and a defined benefit plan (including a cash balance plan). A single trust is used, but there is separate accounting for the defined benefit and 401(k) portions of the plan.

The plan must meet certain benefit, contribution, vesting, and nondiscrimination requirements. In return, the plan will be exempt from top-heavy rules and certain 401(k) testing.

Because the DB(k) plan is one plan instead of two, it is expected that the plan will be simpler to administer and less costly than maintaining two separate plans. This, in turn, may provide an incentive for employers to begin offering defined benefit plans to their employees in addition to 401(k) plans. Whether this proves to be the case, however, remains to be seen.



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Ask the Experts



What is job-loss insurance?

Two common forms of job-loss insurance are job-loss mortgage insurance and job-loss vacation insurance. Both types of insurance provide a benefit if you involuntarily lose your job.

Job-loss mortgage insurance makes part or all of your monthly mortgage payments if you lose your job. The payments are usually made directly to the mortgage holder and typically cover principal and interest, as well as insurance and taxes if they're part of the regular mortgage payment.

Beyond these basics, policy provisions vary widely. The length of coverage may be from 6 months to a year or longer. In some cases, the benefits may not be enough to cover the full cost of your mortgage payment. Also, there may be a waiting period, such as 30 days after you lose your job, before the policy kicks in.

But even if you want this insurance, you may not be able to get it. The insurance applies only to mortgages on your primary residence. And, if you're a new employee, self-employed, or retired, you probably won't be able to buy this type of layoff insurance.

What if you've paid for an expensive cruise or vacation to a tropical island, then learn that you're getting laid off from your job? If you have job-loss vacation insurance, you might be able to get reimbursed for the entire cost of the trip.

Also known as layoff vacation insurance, job-loss vacation insurance is often sold as part of a travel insurance policy. It reimburses you if you involuntarily lose your job before taking your vacation.

Policies and coverage provisions differ. For example, some policies may cover trip cancellations due to job relocation, but may not cover layoffs. So be sure you understand the benefits and limitations before you buy job-loss vacation insurance.

What is pet insurance?



Pet insurance pays the cost of medical treatment and care of injured or sick pets. With continuing medical advancements, the cost of health care for pets has grown, increasing the popularity of pet insurance.

Policies differ from company to company, but typically, pet insurance pays for some or all of the costs of medical care for a pet, less a deductible. Some pet insurers pay the medical provider directly, while others reimburse the pet owner for out-of-pocket medical expenses.

Most policies cover emergency visits, drugs, and lab tests. Some policies also cover the cost of emergency kenneling, spaying, neutering, and preventive care like heartworm medicine. A few policies even pay a stated amount if your pet is lost, stolen, or dies.

Pet insurance pays the cost of medical treatment and care of injured or sick pets. With

Insurers differ as to coverage of pre-existing conditions or diseases that some pets are prone to develop. Some policies, if renewed, may exclude coverage for a condition or illness for which the pet was previously treated.

Generally, the cost of pet insurance is based on the benefits provided, the type of pet insured, and the pet's age. For example, premium costs will increase for policies with more benefits, a lower deductible, or for policies insuring an older pet.

Pet insurance may be an efficient way to fit potential costs of pet care into your overall financial plan. If pet insurance isn't right for you, you might consider setting up an emergency savings account for pet health care. Also, many vets will offer short-term financing for some expensive procedures. In any case, the best time to decide how you'll pay for your pet's medical expenses is before you acquire your pet.